

**Project Total Duration**

18 months (2017-2018)

**Project Total Grant**

€ 500,00

**FUNDING**

PROJ/CI&DETS/2017/0025

POLYTECHNIC INSTITUTE OF VISEU



**PRIORITY RESEARCH TOPIC**

METHODOLOGIES OF DIFFERENTIATED (COMPLEX) NURSING CARE

**PROJECT OBJECTIVES**

INTENDS TO PRODUCE KNOWLEDGE FOCUSSING ON HIV/AIDS PATIENTS FOLLOWED IN THE CONSULTA DE INFECIOLOGIA DO CENTRO HOSPITALAR TONDELA VISEU, E.P.E. (CHTV) IT AIMS TO ASSESS THEIR MENTAL HEALTH STATUS AND, CONSEQUENTLY, TO INTERVENE IN A PERSONALIZED WAY ACCORDING TO THE SINGULARITY CONTEXTS OF EACH PATIENT. IT ALSO AIMS TO INCREASE THE PATIENTS' WELL-BEING, THUS ENHANCING CLINICAL (MEDICAL AND NURSING) CARE WITH EVEN GREATER QUALITY AND TRANSVERSALITY. BASED ON THE INHERENT REFERENCE OF THE BENEFITS OF TREATMENT AND AWARE OF THE CHALLENGE OF INCREASING PATIENT ADHERENCE, THE PROJECT TEAM INTENDS, WITH ITS IMPLEMENTATION, TO CONTINUE MONITORING THE EVOLUTION OF THE DISEASE AND PROMOTE MENTAL HEALTH AND QUALITY OF LIFE OF PEOPLE WITH HIV.

**ORGANIZATIONS**

POLYTECHNIC INSTITUTE OF VISEU, THE HEALTH SCHOOL (RESEARCHERS: MARIA MADALENA CUNHA NUNES; CARLOS MANUEL ALBUQUERQUE; ANA ISABEL ROCHA)

CENTRO HOSPITALAR TONDELA-VISEU, E.P.E.