

# **ModulEn - CIRCADIAN HEALTH, PHYSICAL ACTIVITY AND PATTERN OF EATING HABITS AS FRAILTY PREDICTORS: DATA FROM THE PORTUGUESE POPULATION**

## **PROJECT TOTAL DURATION**

22 MONTHS (01-03-2018 - 31-12-2019)

## **PROJECT TOTAL GRANT**

€ 99 999,07

## **ESEnFC PROJECT GRANT**

€ 24 999,52

## **FUNDING**

FGCSIC/CENIE-POCTEP/FEDER



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PROGRAMA INTERREG ESPANHA-PORTUGAL (POCTEP) 2014-2020

FUNDACIÓN GENERAL CSIC (FGCSIC)

CENTRO INTERNACIONAL SOBRE EL ENVEJECIMIENTO (0348\_CIE\_6\_E\_POCTEP)

## **PRIORITY RESEARCH TOPICS**

ACTIVE AGEING

## **PROJECT OBJECTIVE**

THE MAIN OBJECTIVE OF THIS PROJECT IS THE ESTABLISHMENT OF A PREDICTIVE MODEL AS POSSIBLE MODULATOR OF AGING IN HEALTH

## **APPLICANT ORGANIZATION**

UNIDAD DE INVESTIGACIÓN EN CUIDADOS DE SALUD - INSTITUTO DE SALUD CARLOS III (INVESTÉN-ISCIII) (SPAIN)

## **PARTICIPATING ORGANIZATIONS**

UICISA: E / ESCOLA SUPERIOR DE ENFERMAGEM DE COIMBRA (ESEnFC/PORTUGAL) (RESEARCHER: JOÃO APÓSTOLO);

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UNIDADE DE INVESTIGAÇÃO  
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