

***FelizMente: Mental Health Education and Sensibilization: a school-based intervention program for adolescents and young***



**PROJECT TOTAL DURATION**

36 months (03-2011 - 03-2014)

**PROJECT TOTAL GRANT**

€ 161 998,00

**COFUNDING**

PTDC/CPE-CED/112546/2009

FCT/MCTES(PIDDAC)

FEDER/COMPETE/QREN



**PRIORITY RESEARCH TOPIC**

HEALTH EDUCATION AND LITERACY

**PROJECT OBJECTIVES**

- TO INCREASE THE CAPACITY TO RECOGNIZE THE DIFFERENT TYPES OF DISORDERS;
- TO INCREASE THE KNOWLEDGE AND BELIEFS ABOUT THE RISKS FACTORS AND PROTECTION MECHANISMS, AS WELL AS THE CAUSES;
- TO DEVELOP ATTITUDES WHICH FACILITATE THE RECOGNITION OF DISORDERS AND THE SEARCH FOR PROFESSIONAL HELP. IT IS ALSO OUR AIM TO FIGHT AGAINST THE STIGMA AND DISCRIMINATION ASSOCIATED TO MENTAL DISORDERS.

**APPLICANT ORGANIZATION**

HEALTH SCIENCES RESEARCH UNIT: NURSING (RESEARCHER: LUÍS LOUREIRO)

NURSING SCHOOL OF COIMBRA



HEALTH SCIENCES RESEARCH UNIT NURSING UNIDADE DE INVESTIGAÇÃO EM CIÊNCIAS DA SAÚDE ENFERMAGEM



Nursing School of Coimbra - Portugal