

# ***YOUR PEL - PROMOTE AND EMPOWER FOR HEALTH LITERACY IN THE YOUNG POPULATION***

## **Project Total Duration**

18 months (01-06-2017 - 30-11-2018 )

## **Project Total Grant**

€ 150 794,88

## **COFUNDING**



UNIÃO EUROPEIA  
Fundo Europeu  
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SISTEMA DE APOIO À INVESTIGAÇÃO CIENTÍFICA E TECNOLÓGICA (SAICT)

PROJETOS DE INVESTIGAÇÃO CIENTÍFICA E DESENVOLVIMENTO TECNOLÓGICO (IC&DT)

## **PRIORITY RESEARCH TOPIC**

HEALTH EDUCATION AND LITERACY

## **PROJECT OBJECTIVES**

YOUR PEL PROJECT AIMS TO HELP YOUNG PEOPLE REACH THEIR FULL HEALTH POTENTIAL BY FOCUSING ON THREE SPECIFIC AREAS: FOOD, HARMFUL CONSUMPTIONS AND SEXUALITY.

THROUGH AN INTER-INSTITUTIONAL APPROACH, YOUR PEL OBJECTIVES ARE TO: DEVELOP AN INSTRUMENT TO EVALUATE THE IMPACT OF HEALTH EDUCATION PROGRAMS IN 3<sup>RD</sup> CYCLE BASIC SCHOOLS REGARDING NUTRITION, HARMFUL CONSUMPTION AND SEXUALITY AND TO MONITOR THOSE HEALTH DETERMINANTS AND THE EFFICACY OF THE DEVELOPED STRATEGIES.

## **APPLICANT ORGANIZATION**

POLYTECHNIC INSTITUTE OF SANTARÉM

## **PARTICIPATING ORGANIZATIONS**

POLYTECHNIC INSTITUTE OF LEIRIA, THE HEALTH SCHOOL

POLYTECHNIC INSTITUTE OF VISEU, THE HEALTH SCHOOL (RESEARCHER: MANUELA FERREIRA)

SCHOOL GROUPING OF GOLEGÃ, AZINHAGA E POMBALINHO

SCHOOL GROUPING OF CHAMUSCA

