

TITLE: MUSCULOSKELETAL FATIGUE ACROSS THE LIFE COURSE: UNDERSTANDING WHAT HELPS AND MAPPING WHAT IS MISSING (*METRICS*)

PROJECT TOTAL DURATION: 12 MONTHS (01.08.2023 — 31.07.2024)

PROJECT TOTAL GRANT: £ 99,445.68

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FUNDING: - CALL VERSUS ARTHRITIS - FATIGUE EVIDENCE REVIEW 2023

- GRANT CODE 23140

VERSUS
ARTHRITIS

THE KENNEDY TRUST
for Rheumatology Research



PRIORITY RESEARCH TOPIC: HEALTH TRANSITIONS AND SELF-CARE

PROJECT OBJECTIVES:

THE AIM IS TO GENERATE EVIDENCE FOR PEOPLE WITH MUSCULOSKELETAL-FATIGUE, HEALTH PROFESSIONALS AND RESEARCHERS ON EXISTING FATIGUE MANAGEMENT AND TO MAP WHAT IS MISSING. THE OBJECTIVES ARE:

- TO RECOMMEND EVIDENCE-BASED FATIGUE MEASUREMENT INSTRUMENTS FOR CLINICAL PRACTICE AND RESEARCH;
- TO UNDERSTAND THE UNDERPINNING THEORIES AND MECHANISMS OF EXISTING, EVIDENCE BASED INTERVENTIONS;
- TO IDENTIFY THE CLINICAL COMPETENCIES REQUIRED TO DELIVER EFFECTIVE FATIGUE SUPPORT;
- TO DEFINE FATIGUE FROM THE PERSPECTIVE OF PEOPLE LIVING WITH THE SYMPTOM;
- TO IDENTIFY KEY GAPS IN FATIGUE SUPPORT PROVISION, INCLUDING WHOSE SUPPORT NEEDS ARE UNMET ACROSS THE LIFE COURSE;
- TO INFORM A RESEARCH AGENDA.

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e a Tecnologia

APPLICANT ORGANIZATION:

- UNIVERSITY OF THE WEST OF ENGLAND (UWE), BRISTOL, UK



PARTICIPATING ORGANIZATIONS:

- UNIVERSITY COLLEGE LONDON (UCL), UK



- POLYTECHNIC UNIVERSITY OF VISEU, SCHOOL OF HEALTH;

- THE HEALTH SCIENCES RESEARCH UNIT: NURSING (UICISA: E), NURSING SCHOOL OF COIMBRA (ESENFC), PORTUGAL

(LOCAL COORDINATING/PRINCIPAL RESEARCHER: EDUARDO SANTOS)



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